

## Outreach and hands-on activities

### Science Outreach Catalyst Kits

- Organizers: Society of Physics Students
- Purpose: Contains exploratory physics and science activities that are specifically designed to use in outreach presentations to elementary, middle, and high school students. The website also contains a list of outreach demonstration guides.
- Website: <https://students.aip.org/chapter-resources/outreach>

### Materials Science Classroom Kits

- Organizers: Ceramic and Glass Industry Foundation
- Purpose: Features nine lessons for K–12 students that comply with [Next Generation Science Standards](#). The lessons introduce students to all the basic classes of materials: ceramics, composites, metals, and polymers.
- Website: <https://foundation.ceramics.org/teacher-resources/science-kits/materials-science-classroom-kit>

## Competitions

### FIRST Robotics Competition

- Organizers: FIRST (global nonprofit)
- Purpose: Starting with a Kit of Parts, teams of high school students design, program, and build industrial-sized robots to compete in an action-packed game each January.
- Website: <https://www.firstinspires.org/robotics/frc>

### FIRST Tech Challenge

- Organizers: FIRST (global nonprofit)
- Purpose: Students work together with their mentors to design and build robots to compete in a dynamic and exciting challenge each September.
- Website: <https://www.firstinspires.org/robotics/ftc>

### AAPT High School Physics Photo Contest

- Organizers: American Association of Physics Teachers
- Purpose: Provides students an opportunity to explore natural and contrived phenomena by creating visual illustrations and written analysis of various physical concepts.
- Website: <https://www.aapt.org/Programs/PhotoContest/index.cfm>

### AAPT PhysicsBowl

- Organizers: American Association of Physics Teachers
- Purpose: International high school competition each spring (March or April). School teams compete regionally with other school teams. Students will take a 40-question, 45-minute timed, multiple-choice test under their school's supervision.
- Website: <https://www.aapt.org/Programs/PhysicsBowl/index.cfm>

### **International Physics Olympiad Competition\***

- Organizers: Host country's Ministry of Education or similar institution, in collaboration with the International Board.
- Purpose: Test the highest level of knowledge, critical thinking, problem solving, proper practices of presentation and analysis, and hands-on skills in theoretical and experimental physics among secondary school students.
- Website: <https://ipho-unofficial.org>

\*Each year, the American Association of Physics Teachers and the American Institute of Physics sponsor a competition for high school students to represent the United States at the International Physics Olympiad Competition: <https://aapt.org/physicsteam/PT-landing.cfm>.

### **Regeneron Science Talent Search**

- Organizers: Society for Science
- Purpose: Science and mathematics competition for high school seniors that requires them to conduct independent science, math, or engineering research. The first place prize is \$250,000—the largest scientific prize available to a high school student in the United States—with prizes awarded at all stages of the competition.
- Website: <https://www.societyforscience.org/regeneron-sts>

## **Mentoring**

### **Adopt-a-Physicist**

- Organizers: Led by Sigma Pi Sigma with aid from the American Association of Physics Teachers.
- Purpose: Connects classes with the physicists of their choice through online discussion forums that are active for a set three-week period.
- Website: <https://www.adoptaphysicist.org/webdocs/about.cfm>

### **Physicists To-Go**

- Organizers: APS
- Purpose: Bring a physicist to classrooms virtually to discuss career path and/or content to groups of students
- Website: <https://www.aps.org/initiatives/physics-education/k-12/physicists-to-go>

## **Grant opportunities**

### **CGIF Project Grants**

- Organizers: Ceramic and Glass Industry Foundation
- Purpose: Provides funding to support projects that expand materials science education in local communities.\*

- Website: <https://foundation.ceramics.org/grants/project-grants>

\*PULSE Chapters could design materials experiments with a physics focus to align with their learning goals.

## **Book recommendations\***

\*Some clubs may prefer to have a book-club element to their activities. Books written by science communicators can help make esoteric physics topics more accessible to high school students.

### **Einstein and the Quantum: The Quest of the Valiant Swabian**

- Author: A. Douglas Stone
- Summary: The untold story of Albert Einstein's role as the father of quantum theory.
- Link: <https://press.princeton.edu/books/paperback/9780691168562/einstein-and-the-quantum>

### **Zero: The Biography of a Dangerous Idea**

- Author: Charles Seife
- Summary: Follows this innocent-looking number from its birth as an Eastern philosophical concept to its struggle for acceptance in Europe, its rise and transcendence in the West, and its ever-present threat to modern physics.
- Link: <https://www.penguinrandomhouse.com/books/332273/zero-by-charles-seife>

### **The Feynman Lectures on Physics**

- Author: Robert Leighton (Volume I) and Matthew Sands (Volumes II & III)
- Summary: Edited versions of Feynman's lectures created by his coauthors.
- Link: <https://www.feynmanlectures.caltech.edu>